

HEALING AND THE FOUR PILLARS

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Scripture reveals four, distinct disciplines available to Christians that will impact their spiritual development and maturity. Those disciplines are sometimes referred to as "The Four Pillars of Spiritual Growth. Those Pillars are:

- 1) Prayer - primarily praying in tongues (praying with the understanding helps, but praying in the Spirit is direct, spiritual interaction with God)
- 2) Fasting - in the Bible primarily involves food
- 3) Worship - both corporate and private, with a greater emphasis on private worship
- 4) The Word - reading, meditating, confessing, etc.

There are many things a Christian can do to serve God, but these four are the only things identified in the Bible which have a direct, spiritual impact on a Believer to produce spiritual growth.

Matthew 17:14-21 & Mark 9:14-29

- 1) The dominant reason they could not cast out the devil and get the son healed was unbelief.
- 2) Jesus said if the unbelief was dealt with, nothing would be impossible.
- 3) Jesus said that if we believe, all things are possible to him that believes.

Thus, when it comes to seeing God's will accomplished, unbelief is the hindrance and faith is the key. Consequently, the focus of a Christian should be on developing faith and eliminating unbelief, not on seeking for more power and anointing. Unbelief is the number one roadblock to walking in greater levels of God's power and anointing.

Praying in Tongues - Mark 16:17...Romans 8:26-27...1 Corinthians 14:2, 4, 14...Jude 1:20

- 1) A teaching gift
- 2) A revelation gift
- 3) An edification gift
- 4) A means of direct, spirit-to-Spirit communication with God.

The Holy Spirit is God. Therefore, praying in tongues is declaring the Word of God.

Fasting - Isaiah 58:6-8

Unbelief is a result of an immature spiritual condition. The flesh (the soulish areas of the mind, will, and emotions) will dominate a person's life according to natural circumstances and experiences until the born again spirit is edified above the flesh. Fasting imposes the positional truth of death upon the flesh. It helps to bring to light those things in the flesh and soul which harbor unbelief and hinder spiritual growth. Fasting also helps purge the body of toxins.

Worship - John 4:23-24...2 Chronicles 5:13-14...Psalm 22:3...Isaiah 12:1-6

Worship creates an atmosphere highly conducive to experiencing God's presence, developing our spirit to be more sensitive to God. It directs our focus and attention on God and away from trials and problematic circumstances. The more we experience God, the more we learn to trust Him. The more we trust God, the less we trust natural circumstances to be the final word in our lives.

The Word - (previously covered extensively in these teachings on healing)